



# CHEYENNE HIGH SCHOOL

**Cheerleading Tryout Packet**  
**2022-2023**  
**Fall & Winter Season**

Dear Applicant,

## **Cheyenne High School Cheer**

Applicant Information Packet

We are looking forward to seeing both new and returning faces on the squads of the CHS cheerleaders. This program has a tradition of success and we are looking forward to a great year!! Tryout time is exciting, but we need parent and student help to ensure that tryouts are safe and productive. Please pay special attention to this information packet, as well as the tryout packet and Cheer rules and regulations.

Our goal is to develop our cheerleaders to become productive successful citizen in society by utilizing teamwork, sportsmanship, physical development, socialization skills and critical thinking skills in a safe environment.

To be effective members of the team, cheerleaders must develop the time management skills needed to succeed in both cheerleading and academics. Job schedules, social plans, driver training, and any other school activities shall not conflict with practices, weekend competitions, games, activities and fundraising events. Each member of the squad depends fully on the other members to participate in all scheduled activities.

Financial obligations are the responsibility of the cheerleader and the family. Without financial help, the program would not be what it is. Fundraising is very important, and a required facet of our program and it helps defray costs.

Please discuss in full these considerations with your parents, evaluate your priorities, and if you consent, complete the required paperwork, and turn it in to the office or the coach. Make sure you have submitted a completed Athletic Packet to the Athletic Office at CHS. You must check-in prior to clinics and will not be allowed to participate without a completed application packet and athletic packet. No one will be allowed to audition or participate without this very important paperwork.

If you have any questions that not answered in this packet, please feel free to contact Coach D at [harrid9@nv.ccsd.net](mailto:harrid9@nv.ccsd.net) with your concerns. I will respond to you as soon as possible.

As a member of the CHS Cheer team, you are offered an opportunity for growth, leadership development, and involvement in many exciting activities. Thanks for your interest in the CHS Cheer program and best of luck to all who try out!!

Go Desert Shields,

*Donell Harris*

Donell Harris  
CHS Head Cheer Coach

# Cheyenne High School Try-Out Agreement

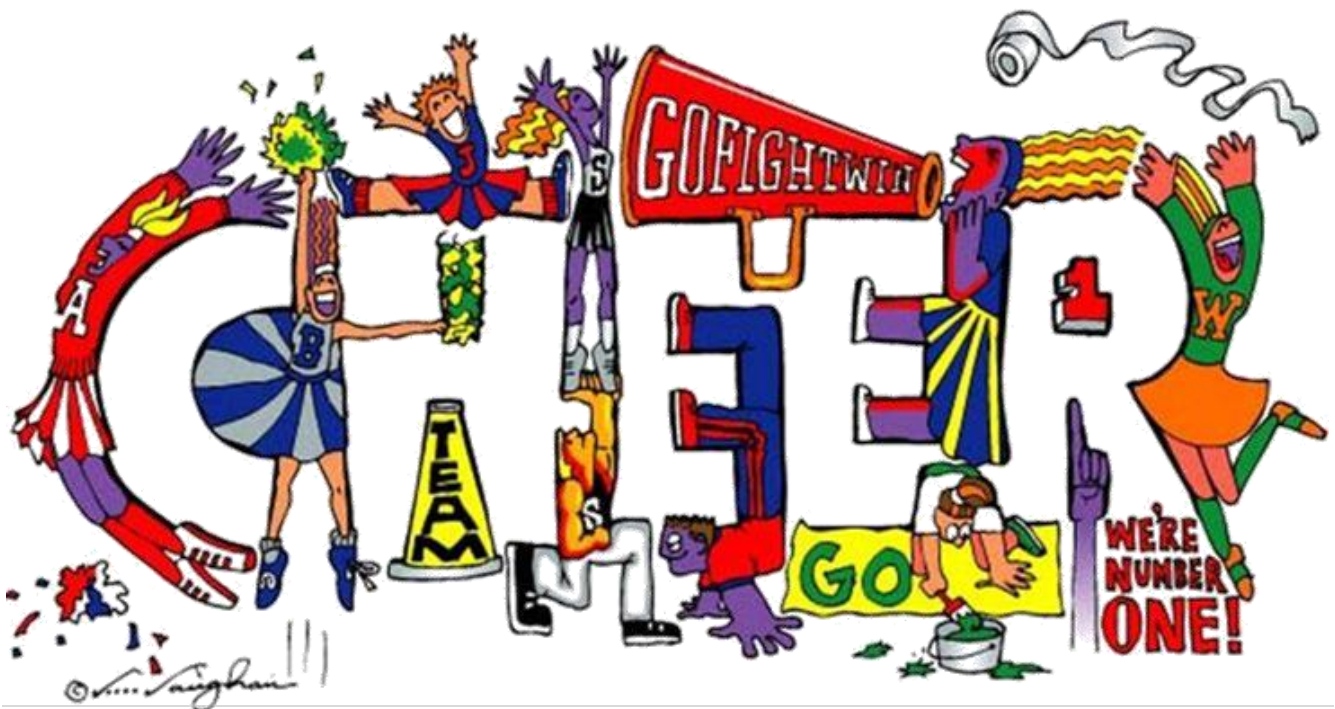
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It is essential that parents and students consider the many responsibilities of becoming a cheerleader before try-outs.

Cheerleading is a yearlong commitment and must come before all other extracurricular activities. If you plan on participating in other extra-curricular activities, or need to work, these activities must be planned around your cheer schedule. Another part of this commitment includes maintaining a 2.0 or above grade point average and excellent attendance.

Individual financial obligations will vary based on squad selection. It is imperative that cheerleader's individual accounts are kept current and paid in full. Throughout the year there will be fundraisers to help pay for expenses. Parents agree to support fundraisers and understand that some of the activities are supported by volunteer efforts so we encourage all parents to contribute time to the success of the program.

Being a cheerleader requires many hours of practice, and attendance at many athletic events throughout the year. It also requires many activities to be conducted during your off time, such as sign or poster making. All girls are required to participate equally.



# TRYOUT REQUIREMENTS

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- Must meet CHS eligibility requirements for 2022-2023
- Minimum GPA of 2.0
- Accepted and registered for the school year 2022-2023
- Must attend all days of clinics
- Must be ready to attend ALL practices immediately.
- Must complete RMA (including colors sign-up for Covid testing, physical and Covid Waiver).

## **ABSOLUTELY NO JEWELRY AND NO NAILS! NO EXCUSES!**

Do not get anything pierced that you cannot be taken out. Please make sure your nails are cut and can have clear or nude color polishes. No long nails.

## **Attire for tryouts:**

- Mask
- Navy or Black cheer shorts (guys please wear same colors. No denim or cargo type shorts)
- Spanks/spandex underneath
- Plain White T-Shirt with sleeves (NO logo's)
- WHITE, BLACK or GRAY color sports bra underneath T-Shirt (NO NEON SPORTS BRAS)
- Clean white "cheer-able" shoes
- Hair up in a HIGH pony – (No wispy's hanging around face).
- NO BOWS
- Wear any knee, wrist, or ankle braces needed in order to stunt or tumble.
- **ABSOLUTELY NO JEWELRY or NAILS ARE ALLOWED!** This includes: rings, necklaces, various earrings, nose rings, belly rings and all new piercings. **Band-Aids or tape CANNOT be worn to cover anything.** Everything must be removed. And nails must be short and unpolished.

## **Cheerleaders trying out will be judged on the following categories:**

1. Spirit (smiles, voice projection and presentation)
2. Jumps (toe touch, herkie (right and left), hurdler (right and left) & pike).
3. Motions
4. Dance (will be taught)
5. Sideline Cheer (will be taught)
6. Tumbling (back hand-spring, round off, round off back hand spring).

**\*The coach will make the final decision on who makes the team per CCSD guidelines.**



## SCHEDULE OF EVENTS

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<i>DATE</i>	<i>SUBJECT</i>	<i>TIME</i>	<i>LOCATION</i>
<i>March 21<sup>st</sup></i>	<i>Student/Parent Interest Mtg</i>	<i>6P</i>	<i>RM: 200</i>
<i>March 28<sup>th</sup> – March 30<sup>th</sup></i>	<i>Mandatory Cheer Clinic</i>	<i>2p - 5p</i>	<i>Cafeteria</i>
<i>March 31<sup>st</sup></i>	<i>Mandatory - Tryouts</i>	<i>2p - until</i>	<i>Cafeteria</i>
<i>April 6<sup>th</sup></i>	<i>Uniform Fitting</i>	<i>2p -5p</i>	<i>Cafeteria</i>

*Eligible 9th -12th students enrolled/zoned for Cheyenne High School for the 2022-2023 school year.*

**Questions or Concerns:**

Coach: Donell Harris

Contact information: [harrid9@nv.ccsd.net](mailto:harrid9@nv.ccsd.net) or (702) 575-7558

Text: @CHSCheers to 81010

Student Name: \_\_\_\_\_

Current Grade level: \_\_\_\_\_

Current GPA: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Your cell phone: \_\_\_\_\_

Your email: \_\_\_\_\_

Your Home Address: \_\_\_\_\_

Trying out for which squad?

\_\_\_\_\_ Varsity ONLY (open to upcoming 9<sup>th</sup>, 10<sup>th</sup>, 11<sup>th</sup>, 12<sup>th</sup> graders)

\_\_\_\_\_ JV ONLY (open to upcoming 9<sup>th</sup>, 10<sup>th</sup>, 11<sup>th</sup>, 12<sup>th</sup> graders)

\_\_\_\_\_ Varsity or JV

\_\_\_\_\_ Cheer Manager

If you do not make your preferred squad, do you still want to  
be on the cheer squad? \_\_\_ Yes/No

Declining an offer on any of the cheer squads could forfeit eligibility for tryouts for comp season  
& the next year! All varsity cheerleaders are required to compete in competition.



Mother's Name: \_\_\_\_\_

Mother's Cellphone: \_\_\_\_\_

Mother's email: \_\_\_\_\_

Father's Name: \_\_\_\_\_

Father's Cellphone: \_\_\_\_\_

Father's email: \_\_\_\_\_

Parents' email: \_\_\_\_\_

**CHEYENNE HIGH SCHOOL CHEER**  
**Student and Parent Conduct Agreement**

My child \_\_\_\_\_ has permission to participate in clinics and tryouts and to be a cheerleader at Cheyenne High School.

I understand the tryout process and that all decisions by the coach are final.

I understand that by the very nature of the activity, cheerleading, and gymnastics carry a risk of physical injury. No matter how careful the participant and the coach are, how many spotters are used, or what landing surface is used, the risk cannot be eliminated. The risk of injury includes minor injuries, such as muscle pulls, dislocation, and broken bones. The risk also includes catastrophic injuries such as permanent paralysis or even death from landing or falls on the back, neck or head. I understand these risks and will not hold Cheyenne High School or any of its personnel including coaching staff and students responsible in the case of accident or injury at any time.

I shall not use profanity, abusive language or actions towards any coach, officials, parents or cheerleaders, advisors, or any other person present; before, during or after any practice, game or CHS function. I will not coach from the sidelines, nor incite or aggravate the coaches or anyone acting in an official capacity. I will not harass, ridicule, abuse, use profane actions to said coaches, advisors and administrators, nor “second guess” their decisions. If I have a suggestion for improvement, I will review this with a coach at an appropriate time.

I agree to support the program as stated in the rules and regulations, and that all possible situations that may arise during the year cannot be covered in the CHS rules and regulations and that the coaches will make the final decisions on any and all situations that may come up. I recognize that coaches have invested a great deal of time and energy to ensure my child will have a safe, successful season. I understand that the coaches will make decisions for the good of the entire group. I understand the coach has the final decision on who makes the team, competes, performs and cheers for games and performances.

I have received, read (or will read) and agree to follow the philosophy, rules and regulations of CHS Cheerleading Constitution. Failure to abide by these regulations & constitution may result in discipline and even dismissal from the program, as determined by the coaching staff and administration. I understand that cheer comes before any other sport, activity, out of school activity, job or additional recreation. Leaving, arriving to or missing practices, games, competitions or performances for other activities could result in not cheering or being removed from the team.

I fully understand the time and financial commitment involved in being a cheerleader and that my daughter/son must abide by all rules and regulations as stated in the student handbook and cheer constitution.

Parent/Legal Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Print Name: \_\_\_\_\_

Student Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Print Name: \_\_\_\_\_

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## **CHS Cheerleader and Parent Rules and Regulations Agreement**

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Dear Parents and Interested Students:

This letter is to inform you of the involvement needed to be a member of the CHS Cheerleading team for the 2022-2023 school year. This information should allow you to make a more educated decision concerning the commitment required to be a part of this athletic program.

Being a cheerleader involves more than just making the squad and cheering at games. Cheerleaders are required to be at practices, fund raising events, sign making activities, service projects, assemblies, games, team bindings and other activities as assigned by the coaching staff.

**Cheerleaders are part of a team, and all members need to present for their group to work smoothly. When scheduling other appointments or out of town trips, not only students, but parents must be aware of the event schedules, so cheerleaders do not miss activities.**

**The following are financial obligations of the team:**

**The following are cost obligation per cheerleader/yell leader:**

- Camp/Practice Gear - \$150 – (pay Banker)
- Cheer Shoes - \$99 – (pay to Varsity portal)
- Glitter Vinyl Bow - \$30 (girls) – (pay Banker)
- Megaphone - \$30 (boys) | (pay banker)
- Cheer Backpack – Boys \$90 /Girls \$99 (pay Varsity portal)
- Metallic Poms - \$25 – (order at Omnicheer.com)
- Uniform – Girls \$375 | Boys \$202.50 (pay Varsity portal)
- Warmup – Boys \$250 | Girls \$165 (pay Varsity portal)
- Camp - \$425 (Date TBD) | (pay Banker)



**\*This does not include taxes and shipping.**

**Payment plans is attached to this packet.**

**\*COST IS LOWER FOR RETURNERS**

Those who are not paid in full by deadlines can be dismissed from the team. Depending on the current and future climate, we will give concrete dates on financial obligations when available. All cheerleaders are required to pay the full amount once they are fitted **EVEN IF THEY CHOOSE TO WITHDRAW FROM THE TEAM**. Uniforms and warmups are custom fitted to your student. When trying on gear they need to be as accurate as possible. No exchanges.

This money is used to pay for personal property of the cheerleaders as well as activities participated in by the cheer teams. Once the items have been purchased, there are no refunds. Once deposit is paid, there are no refunds. We might purchase an additional uniform for competition season later in the year and competitions fees are around \$200 per cheerleader/yell leader which are paid at the end of the fall season. All cheerleaders must attend camp.

Your signature below indicates you have received, read and understand the CHS Cheer Program Rules and Regulations and are willing to commit to the responsibilities, time and financial obligations involved.

Parent/Legal Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Print Name: \_\_\_\_\_

Student Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Print Name: \_\_\_\_\_